

# FINAL PE NEWSLETTER 2022



## Term 1 Dates 2023

**Friday 3rd March**  
5/6 Athletics

**Thursday 9th March**  
Division Swimming

**Friday 10th March**  
3/4 Athletics

**Thursday 16th March**  
Twilight Sports

**Monday 3rd April**  
School Cross Country



## A Great 2022 in PE!

What a sensational year in PE for all students this year, it was great to get back to normality after such a frustrating last two years.

We have offered over 30 extra curricular activities across the board this year from Prep to Grade 6. I'm hoping all students have enjoyed having the opportunity to attend these and have as much fun as possible inside and outside the school.

We have also had 12 After School Basketball teams compete each week over the course of the year. A massive thanks to Michelle Huon for being my parent representative for this year, I really appreciate all of your help. A big welcome to Kylee Mather who will take over the role moving into 2023. We are looking to have around 17 teams next year, so this is again going to be a huge commitment from the school. Well done to all teams and well done to our premierships teams also,

As we move into Term 1 2023, our focus in PE turns to Athletics for the whole school as we have our Grade 3/4 and 5/6 Athletics Carnivals.

We also have Twilight Sports which will happen again after 3 years of not going ahead. This will be very exciting for all students and our community.

We will finish the term with our School Cross Country to be held again at Lilydale Lake and will involve all students from Prep to Grade 6.

I hope everyone has a great break over Christmas, thank you to all parents for your support, particularly those who continually put their hand up to help during the year, this is very much appreciated.

See you all in 2023!

## GRADE 5 SURF TRIP—URBNSURF



**Thursday 17th November 2022**



On Thursday 17th November, I was lucky enough to take a group of 57 Grade 5 students to a place called UrbnSurf.

The students learnt how to surf for part of the day and the other half was enjoying body boarding in their 'Play in the Bays' area. The weather here looks amazing, however the temperature was around 10 degrees for most of the day and the water only 14 degrees.

A massive thanks to all teachers for attending as well!

## GRADE 6 SURF TRIP—PHILLIP ISLAND



**Friday 9th December 2022**

On Friday 9th December, I was again lucky enough to take 64 Grade 6 students to Phillip Island for our annual Surf Trip.

We left school at 7.30am and travelled down to Phillip Island and arrived at the surf school around 9.30am. Our top group pictured to the left was Group 1 and they had their surf lesson first. They were out on the water from 10am until midday. Our second group pictured below had a surf board factory tour and some down time at Cowd before having lunch.

Both groups then swapped over and completed the second activity.

We arrived back at school at around 5.45pm with some very tired bodies after such a long day.

A massive thanks to all teachers for attending the day. I really hope all students who attended have finished the year with a lot of life long memories.





## Grade 4 All Star Boys State Hooptime

## Grade 4 All Star Girls State Hooptime



### Monday 21st November 2022

On Monday 21st November I was lucky enough to attend our State Hooptime Basketball Finals for our Grade 4 All Star Boys and Girls.

The games were played out at Dandenong Stadium and each of our teams played four pool games before it became a knockout competition.

Our Boys were lucky enough to win through to the Preliminary Final, but unfortunately lost. The boys managed to be in the Top 3 in the state after the day had concluded.

Our Girls also made it through to the knockout stage but unfortunately lost in the first round. This result meant we finished in the top 20 in the state. A massive achievement from both teams.

Can I just say a massive thanks to all parents for their help on the day, particularly Brad, Anthony and Nicole for being coaches throughout the competition days. And to Kerri and Brooke for being our scorers.



## Grade 6 All Star Boys State Hooptime

### Tuesday 22nd November 2022

On Tuesday 22nd November, Miss Woods represented our school for our Grade 6 Boys to play in the State Finals for 2022. This again was at Dandenong Stadium.

Unfortunately Mr Barnes couldn't attend the day but I do thank him for being able to coach the boys previously and up to this level.

Like our Grade 4 teams, our Boys had 4 pool games before the knockout competition started. We managed to win through to this stage, however the boys weren't able to make it past this stage.

From the reports I was given from Miss Woods, the boys were sensational all day, never gave up and were extremely resilient.

A massive thanks to all parents, particularly Steven Cooper for coaching and Michelle Neal for scoring. And to Miss Woods for attending and supporting on the day.





## Prep, Grade 1 and 2 Coach Approach Sessions

Tuesday 17th November 2022

On Tuesday 17th November, we had a company come in called Coach Approach to work with our Preps, Grade 1 and our Grade 2 students. All students had an hour and a half and rotated through the four activities you can see below, Teamwork, Taekwondo, Aerobics and Hip Hop Dance. All students were sensational on the day and looked like they had a mountain of fun!

